

39th Annual National Conference of Indian Society for Study of Pain

07th February 2025 | Venue: WelcomHotel by ITC Hotels, Jabalpur, Madhya Pradesh

Hall A

Timings	Topics	Speaker/Panelist	Chairperson/Moderator
07:30 Onwards	REGISTRATION		
08:00 - 08:30	FLAG HOSTING		
08:30 - 10:00	SESSION 1: PLENARY SESSION		
	Chairpersons:		Dr Murlidhar Joshi Dr Bibhu Kalyani Das
08:30 - 09:00	Neuromodulation for Pelvic Pain	Dr Sudhir Diwan	
09:00 - 09:30	Panel Discussion: Do Ortho biologics have a role in advanced OA	Panelists: Dr Karthic Babu Natrajan Dr Ravi Kalathur Dr G Kumar Dr Krishna Poddar	Moderator: Dr Madhur Chadda
09:30 - 10:00	Panel Discussion: What to choose as Pain Management Modality Dry Needling, Wet Needling, Botox, Diagnostic Nerve Blocks or Conventional RF for Neck Pain With Headache with Vertigo with Depression in Positive Spondyloarthropathy Patients.	Panelists: Dr Karthic Babu Natrajan Dr Manoj Shinde Dr Gautam Das Dr Pradeep Jain Dr Asha Barge Dr Samarjeet	Moderator: Dr Pratibha Mache
10:00 - 10:20	TEA/COFFEE BREAK		
10:20 - 11:30	SESSION 2 : SONOGRAPHY& REGENERATION		
	Chairpersons:		Dr Pravesh Kanthed Dr Bibhu Kalyani Das
10:20 - 10:30	What is new in Use of PRP as Orthobiologics.	Dr Madhur Chadda	
10:30 - 10:40	Undiagnosed Heal Pain may be due to Triceps Surae. Sonography assessment and Management	Dr Tisha Ann Babu	
10:40 - 10:50	Sonography Grading of Degrees of Planter Fascitis and Tear. Please Highlight Calcaneal Spurs are not Essential to Diagnose Plantar Fascites	Dr Rachna Varma	
10:50 - 11:00	Laevator Scapulae Syndrome and Scapular Bursa Sonoanatomy and Treatment	Dr Sumit Khatri	
11:00 - 11:10	Sonography identification of median N. loop around carpel tunnel & it's micro invasive release	Dr Suspha Das	
11:10 - 11:20	Role of Innervating Zone of Muscles in Reducing Dosage of Botox Injections for Chronic Neck Pain	Dr Sumita Kumari	

11:20 - 11:30	Fall on Outstretched Hand with Wrist Pain (Identification of Scapulohumeral & Triangular Fibro cartilage /ligament injury)	Dr Navita Purohit	
11:30 - 11:40	Strategies & Alternatives as MIPS is not always effective	Dr Naveen Malhotra	
11:40 - 11:50	Q & A		
11:50 - 13:00	SESSION 3 : WHAT'S NEW		
Chairpersons:			Dr Sanjeeva Gupta
			Dr Ravi Kalathur
11:50 - 12:00	With the Cautious Stance of Government regarding Stem Cells for Regenerative Therapy what is the role of Stem Cells in Pain Medicine	Dr Ajeet Kumar	
12:00 - 12:10	Fluoroscopic Identification of Atlanto-Axial dislocation/subluxation management with PRP	Dr Shantanu Mallick	
12:10 - 12:20	RFA of Genicular Nerves for Symptomatic OA of Knee: Cooled or Conventional	Dr Gautam Das	
12:20 - 12:40	Reactive Eight Neuromodulation Technique for Multifidus Dysfunction	Dr Sudhir Diwan	
12:40 - 12:50	What to choose: A steroid or Triamcinolone Hyaluronic Acid combo for Osteoarthritis Knee	Dr Hamaad Usmani	
12:50 - 13:10	Q & A		
13:10 - 14:00	LUNCH BREAK		
14:00 - 15:40	SESSION 4: NERVE ABLATION & NEUROMODULATION		
Chairpersons:			Dr Muralidhar Joshi
			Dr Neeraj Jain
14:00 - 14:10	Ultrasound Guided minimally invasive percutaneous intervention for Glossopharyngeal Neuralgia	Dr Ravi Kalathur	
14:10 - 14:20	Role of Pain Physician in Chronic Testicular Pain	Dr Anshul Taran	
14:20 - 14:30	How to improve the outcome of RF Ablation Techniques?	Dr Anand Murugesan	
14:30 - 14:40	Precision & Relief: Identifying the Right Indications and time for Cool RF Knee	Dr Samarjit	
14:40 - 14:50	RF Ablation of Articular Branches of Hip in Unresolving Hip Pain	Dr Rohit Lahori	
14:50 - 15:00	Cool RF Articular Branches of the Shoulder in a patient of Idiopathic Lung disease.	Dr Manjiri Ranade	
15:00 - 15:15	Beyond Routine Unveiling Neuromodulation for Refractory Neuropathic Pain-The Future in India	Dr Preeti Doshi	
15:15 - 15:30	Do we need Sacral Nerve Stimulation	Dr Raj Kumar Arora	
15:30 - 15:40	Q & A		

15:40 - 15:55	TEA/COFFEE BREAK		
15:55 - 17:00	SESSION 5 : SONOANATOMY		
Chairpersons:			Dr Ravi Kalathur Dr Sinthil
15:55 - 16:05	CRYOABLATION : Role in Pain Practice	Dr Sidharth Verma	
16:05 - 16:15	Sonoanatomy of Individual Muscles attached to Lateral Epicondyle	Dr Navita Purohit	
16:15 - 16:25	Why is Sonography guided Genicular Nerve Block superior than Fluro Guided block in Advanced Osteoarthritis	Dr Sweety Purushotham	
16:25 - 16:35	Sono Anatomy of Radial Nerve & Posterior Interosseous Nerve entrapment and their Neuropathy	Dr Varshali Keniya	
16:35 - 16:45	How to use IMS as a Rescue Modality after Conventional RF MMB & BOTOX for Neck	Dr Lakshmi Vas	
16:45 - 16:55	Role of CBT when Sonographic Interventions for Neck pain do not work	Dr Sweta Salgaonkar	
16:55 - 17:00	Q & A		
18:00 - 19:00	INAGURATION WITH LIFE TIME ACHIEVEMENT AWARDS		
19:00 - 20:00	CONVOCATION		
20:00 - 21:00	KAUN BANEGA LAKHPATI		
20:00 Onwards	INAUGURAL DINNER		

Hall B			
Timings	Topics	Speaker/Panelist	Chairperson/Moderator
10:20 - 11:30	SESSION 1 : ACUTE PAIN & INNOVATIONS		
Chairpersons:			Dr Sudhir Diwan Dr Manas Manohar
10:20 - 10:30	Ischemia and Acute Compression within Neurovascular Fascial Compartments in Patients on Warfarin or Due to Infusion of Intravenous Fluids	Dr J Balavenkata Subramanian	
10:30 - 10:40	Rescue Blocks in Chronic Pain Management	Dr Javed Khan	
10:40 - 10:50	Selecting Choice of Pain Management Depending Upon Different Pathologies of Knee in Osteoarthritis Knee	Dr Gautam Das	
10:50 - 11:00	Venom Technology: Game Changer in RF Nerve Ablation	Dr Devendra	
11:00 - 11:10	Optimizing the outcome of TFE block - Navigating challenges!	Dr Sanjeeva Gupta	
11:10 - 11:20	Role of Ketamine infusion in CRPS patients	Dr Radhika Pathak	
11:20 - 11:30	Failed Back surgery Syndrome . Pathophysiology causes & Interventions	Dr Neeraj Jain	
11:30 - 11:40	Role of Pulsed Radiofrequency for Acute Post Operative Pain	Dr Mayank Masand	
11:40 - 11:50	Q & A		

11:50 - 13:10				SESSION 3: COCCYDYNIA & HOLISTIC APPROACH			
			Chairpersons:				Dr Preeti Doshi
							Dr Anurag Agarwal
11:50 - 12:00	Management of Recalcitrant Coccydynia with RadioFrequency Ablation			Dr Ashu Jain			
12:00 - 12:10	Recalcitrant Coccydynia management with BMAC			Dr Karthic Babu Natrajan			
12:10 - 12:20	Counselling of female patients with Pelvic Pain			Dr Varsha Kurade			
12:20 - 12:50	Panel Discussion: A Holistic approach to chronic low backache with insomnia, constipation, and depression.			Panelists: Dr Sudheer Diwan Dr Neeraj Jain Dr Goutam Das Dr Babita		Moderator: Dr Ashish Chakrawarty	
12:50 - 13:00	Sonoanatomy of flexor tendons of the wrist and palmar radiocarpal ligament			Dr Kumar			
13:00 - 13:10				Q & A			
13:10 - 14:00				LUNCH			
14:00 - 15:45				INNOVATIONS			
			Chairpersons:				
							Dr Pradeep Jain
14:00 - 14:10	Objective Measurement of Relief of Pain with Verity XR (AI Tool) after Conventional Procedures.			Dr Vijay			
14:10 - 14:20	How to collect Mesenchymal Cells for Regenerative Medicine			Dr Kailash Kothari			
14:20 - 14:30	Post TKR Knee Pain with Effusion			Dr Debesh Bhoi			
14:30 - 14:40	Pathophysiology Intra-articular Lesion of Hip responsible for Groin Pain & Fluroscopic guided Interventions			Dr Nana Morkane			
14:40 - 14:50	Identification of True Terminally ill Patients of Malignancy so as to avoid futile Pain Interventions			Dr Bibhu Kalyani Das			
14:50 - 15:00	Flexor Digiti Minimi Brevis Foot Atrophy A Cause of pain in the lateral foot			Dr Chinmoi Roy			
15:00 - 15:10	Sonoanatomy of Individual Flexor Muscles attached at the Medial Epicondyle			Dr Smruti Hota			
15:10 - 15:20	How does placement of Cannula for Balloon Compression differ from probe placement for Conventional Neurotomy for Trigeminal ganglion specially the end point			Dr Sadashivan Iyer			
15:20 - 15:30	Acetabular Labral Tears can be the cause of Groin Pain			Dr Vikram Sonawane			
15:30 - 15:45	Q & A						
15:45 - 15:55				TEA/COFFEE BREAK			

15:55 - 16:55	ENDOSCOPIC SESSION		
	Chairpersons:		Dr Sudhir Diwan Dr Shailendra Chouhan
15:55 - 16:05	Decision making in endoscopic discectomy. Transforaminal vs Interlaminar Approach	Dr Anshul Agrawal	
16:05 - 16:15	Minimally Invasive Spine Endoscopy Procedure	Dr Pankaj Surange	
16:15 - 16:25	Art of Maneuvering Endoscope and Working channel as per target in Interlaminar Discectomy	Dr Shiraz	
16:25 - 16:35	Various trajectories of Needle Placement for Transforaminal Discectomy	Dr Baibhav Bhandari	
16:35 - 16:45	Identification of SAP, Annulus, Cord and Nerve, fat & Vessels during TransForaminal Endoscopic Discectomy	Dr Anurag Agrawal	
16:45 - 16:55	Endoscopic Picture of Complete Discectomy with Complete Nerve root decompression	Dr Anil Paswan	
16:55 - 17:00	Q & A		
18:00 - 19:00	INAGURATION WITH LIFE TIME ACHIEVEMENT AWARDS (Hall A)		
19:00 - 20:00	CONVOCATION (Hall A)		
20:00 - 21:00	KAUN BANEGA LAKHPATI (Hall A)		

Hall C			
Timings	Topics	Speaker/Panelist	Chairperson/Moderator
10:00 - 10:20	TEA/COFFEE BREAK		
10:20 - 11:50	SPINE & MSK		
	Chairpersons:		Dr Geeta Joshi Dr Vijay Anand
10:20 - 10:30	Pearls of placing the Vertebroplasty cannula in Vertebrae Plane and art of cementing in Kummells Disease	Dr Neeraj Jain	
10:30 - 10:40	Choice of Orthobiologics in partial tear muscles of shoulder joint	Dr Krishna Poddar	
10:40 - 10:50	Botox in Back Pain: Selective& Precise	Dr Vishal Gunjal	
10:50 - 11:00	Difference in Nano fat Stem Cells for AVN Hip and OA Knee	Dr Vijay	
11:00 - 11:10	Role of Osteopathy for chronic low back pain	Dr CR Das	
11:10 - 11:20	Effectiveness of biacuplasty as a treatment modality for discogenic pain-a multicentric trial	Dr Pankaj Surange	
11:20 - 11:30	Tips and Tricks of Visualizing Osteoporotic Pedicle for Vertbroplasty	Dr Vicky	
11:30 - 11:40	Do we need and when not to treat Meniscal Tears with Orthobiologics	Dr Madhur Chaddha	
11:40 - 11:50	Q & A		

11:50 - 12:50		EPIDURALS/ANS & PVD	
Chairpersons:			Dr Raj Kumar Arora
			Dr Samarjeet
11:50 - 12:00	CRPS - What's New	Dr Debjyoti	
12:00 - 12:10	All burning pain in the Dorsum of the Foot is not CRPS	Dr Asha Barge	
12:10 - 12:20	Cervical epidural how I do it if pathology is at C5-C6 level	Dr Snehal	
12:20 - 12:30	Novel Interventions for Complex Regional Pain Syndrome	Dr Cham	
12:30 - 12:40	Role of chemical Lumbar Sympathectomy in Diabetic and CRPS Patients	Dr Chandan Motwani	
12:40 - 12:50	Q & A		
12:50 - 14:00		LUNCH	
14:00 - 15:40		MISCELLANEOUS	
Chairpersons:			Dr Karthic Natrajan
			Dr Madhur Chadda
14:00 - 14:10	Ilio Tibial Band Syndrome	Dr Shashi Prakash	
14:10 - 14:20	Sonography identification of partial tears & Calcification of Tendoachilles & its management by injecting GFC/PRP and Saline Barbotage	Dr Meera AN	
14:20 - 14:30	Osteoporosis Management in CKD	Dr Ritu Puranik	
14:30 - 14:40	Post Orthopaedic Surgery Causalgia	Dr Neerja Bharti	
14:40 - 14:50	Stellate ganglion block for hyperhidrosis and other rare indications	Dr Kiran Vyawahare	
14:50 - 15:00	Management of Ankylosing Spondyloarthritis pains	Dr Vasudha Jadhav	
15:00 - 15:10	How Long the Treatment of CRPS 1&2 should continue if diagnosed in Acute Subacute & Chronic cases.CRPS Flare up protocols	Dr Jeetinder Makkar	
15:10 - 15:20	Greater Trochanter Pain Syndrome	Dr Roopesh Jain	
15:20 - 15:40	Q & A		
15:40 - 15:50		TEA/COFFEE BREAK	
15:50 - 17:00		PROLOTHERAPY/JOINTS/ FIBROMYALGIA	
Chairpersons:			Dr Debjyoti
			Dr Venkatesh Nevagi
15:50 - 16:00	Role of Prolotherapy for Femoro Acetabular Impingement	Dr Sarvesh Jain	
16:00 - 16:10	Role of Prolotherapy in rotator cuff muscles tendinopathy	Dr Shubha V Hegde	
16:10 - 16:20	Assessment of orofascial pains in geriatric patients with dementia	Dr Ruchika Sood	
16:20 - 16:30	Temporomandibular joint pain is not always arthritis	Dr Swapnil Chincholikar	
16:30 - 16:40	How are the Complexities of Fibromyalgia different from Chronic Fatigue Syndrome in a patient with Depression	Dr Uma Maheshwar	
16:40 - 16:50	CT Guided BMAC Injection for ACL Tears	Dr Prateek Shah	
16:50 - 17:00		Q & A	
18:00 - 19:00		INAGURATION WITH LIFE TIME ACHIEVEMENT AWARDS (Hall A)	
19:00 - 20:00		CONVOCATION (Hall A)	
20:00 - 21:00		KAUN BANEGA LAKHPATI (Hall A)	

Hall D			
Timings	Topics	Conveners	Chairperson/Moderator
14:00 - 16:00	IAPM Sessions		
14:00 PM	Just A Minute (JAM)	Dr Asha Barge	Dr Varshali Keniya Dr Sweta Salgaonkar
14:30 PM	ProCons	Dr Archana Deshpande	
15:15 PM	Quiz	Dr Ravishankar Sharma Dr Kashinath Bangar	
	Convocation	Dr Manjiri Ranade Dr Archana Deshpande	